

Adolescent and Youth Development Minor

The UNH Center on Adolescence, in conjunction with the Departments of Family Studies and Recreation Management and Policy, offers a minor in Adolescent and Youth Development. The minor is designed to provide an opportunity for students to develop knowledge and skills regarding adolescence and youth development. The two required courses offer a foundation in theory, research, and practice, and students choose three additional courses from a wide array of more specialized offerings from collaborating departments.

Note: Course offerings for the Adolescent and Youth Development Minor have been updated for Fall 2008. Students who began the minor prior to Fall 2008 have the option of completing the minor using the original requirements or the revised plan of study.

Objectives

The objectives of the proposed Adolescent and Youth Development minor include:

- Providing students with a basic understanding of current theory and research about adolescence and youth development.
- Helping students learn the basics of leadership and related principles as they apply to youth-serving agencies.
- Raising awareness of the importance of context in understanding adolescent development, including how experiences may vary for those of different genders, ethnicities, socioeconomic levels, physical ability levels, and sexual orientations.
- Facilitating students' development of knowledge, confidence, and competence in working with diverse groups.
- Providing students with an opportunity to understand prominent aspects of youth culture.
- Providing the opportunity for students to learn about programs and policies that affect adolescents and their families.
- Helping students identify the characteristics, program emphases, administrative methods, and membership of the major youth-serving agencies in the United States.
- Encouraging a balanced approach to adolescence that recognizes both the strengths and vulnerabilities of youth.
- Identifying and exploring critical issues in adolescent development both locally and nationally.
- Enhancing awareness of career possibilities for working with adolescents and their families.
- Helping students use theory and research to guide their work with adolescents, their families, and other youth-serving professionals.
- Providing students with an opportunity to work with youth in a supervised setting.

Description of Curriculum and Requirements for the Minor

The Adolescent and Youth Development Minor is designed give students an opportunity to develop knowledge and skills regarding adolescence and youth development. The two required courses offer a foundation in theory, research, and practice, and students choose three additional courses from a wide array of more specialized offerings from collaborating departments. To ensure that students develop a cohesive plan of study, they must apply for the minor using the attached form. Only students who have submitted an application, been accepted into the minor, and completed the required coursework will be awarded a minor in Adolescent and Youth Development.

Required Courses:

FS 624	Developmental Perspectives on Adolescence and Early Adulthood
RMP 668	Youth Culture and Programs

Select Three of the Following Courses:*

EDUC 710c	Youth Organizations
EDUC 797	Seminar in Early Adolescent Development
EDUC 717	Growing Up Male in America
EDUC 735	Young Adult Literature
FS 797	Special Topics in Family Studies – Approved Sections Only
JUST 701	Special Topics – Approved Sections Only
KIN 565	Principles of Coaching
PSYCH 791	Adolescent Psychology
RMP 558	Program Supervision & Leadership
RMP 560	Recreational Sport Management
RMP 730	Camp Administration and Leadership
RMP 760	Community Sport Organizations: Administration & Development
SOC 525	Juvenile Crime and Delinquency
SOC 773	Sociology of Childhood
SW 705	Child and Adolescent Risk and Resiliency
RMP 563**	Practicum
FS 707**	Practicum
EDUC 507	Mentoring Adolescents

* Some courses may require prerequisites or permission

** Only one practicum may be applied toward the minor

If you have questions about the minor, please contact Dr. Kristine Baber or Dr. Janet Sable. To apply for the minor, please complete the attached application and return to either Dr. Baber or Dr. Sable.

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**Intent to Minor – Adolescent and Youth Development
UNH Center on Adolescence
Departments of Family Studies and Recreation Management Policy**

Name: _____ Date: _____

Mailing Address: _____

Phone: _____ E-mail: _____

Major: _____ Student ID: _____

Expected Date of Graduation: _____

Why are you interested in a minor in Adolescent and Youth Development?

Are you planning to do a practicum for your minor?

Your plan of study for the minor should include the two required courses (1& 2 below) and three additional courses, which may include a practicum.

Proposed Courses	Semester	Grade
1. FS 624		
2. RMP 668		
3.		
4.		
5.		

APPROVAL:

Major Advisor: _____ Date: _____

Minor Advisor: _____ Date: _____

Student: _____ Date: _____