

**19TH ANNUAL
NORMAN GOROFF
MEMORIAL WORKSHOP***

**NORMAN GOROFF, MSW
1925 – 1989**

Norman Goroff was both a social work practitioner and educator. Social Workers in this area were principally influenced by his work as founder and director of the Northern New England Branch of the University of Connecticut School of Social Work. His passion for peace and justice was the core of his being. His belief that the foundation for a humane society lay in the authentic community in which each person is responsible for his/herself and to others was the basis of his teachings.

In 1997, a Goroff Social Work fund was established at the UNH foundation to support professional social work education in Northern New England. This workshop reflects the ongoing commitment of social workers working together to accomplish the goals of empowerment, responsibility, social justice and peace.

**All proceeds from this workshop go to the Norman Goroff Memorial endowment fund to further social work education in Northern New England.*

University of New Hampshire
Department of Social Work
55 College Road
Durham NH 03824-3599
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UNIVERSITY of NEW HAMPSHIRE



DEPARTMENT of SOCIAL WORK
CONTINUING EDUCATION
FALL 2009

*19th Annual
Norman Goroff Memorial Workshop**

**“COGNITIVE-BEHAVIORAL CONJOINT
THERAPY FOR PTSD”**

Presented by:
Candice M. Monson, PhD

September 18, 2009

8:45 a.m. – 4:15 p.m.
Holiday Inn, Concord NH

Approved by NASW for
6 Category I CEUs
2651

**“ CARING FOR SURVIVORS OF
TORTURE AND REFUGEE TRAUMA”**

Presented by:
Michael A. Grodin, MD

October 23, 2009

8:45 a.m. – 4:15 p.m.
Holiday Inn, Concord NH

Approved by NASW for
6 Category I CEUs
2654

“COGNITIVE-BEHAVIORAL CONJOINT THERAPY FOR PTSD”

19TH ANNUAL NORMAN GOROFF MEMORIAL WORKSHOP

September 18, 2009

8:45 a.m. – 4:15 p.m.
(Registration begins at 8:15 a.m.)
6 CEU's # 2651

HOLIDAY INN
172 NORTH MAIN STREET
CONCORD NH
www.concordhi.com/

WORKSHOP DESCRIPTION

Cognitive-behavioral Conjoint Therapy for PTSD (CBCT for PTSD) is a 15-session therapy designed to simultaneously improve PTSD and intimate relationship functioning. In this workshop, cognitive-behavioral theory underlying the therapy will be described to support the rationale for the therapy. The key interventions of each of the three phases of the therapy will be described. Role play and video will be used to demonstrate their delivery. Initial findings regarding the efficacy of CBCT for PTSD will be presented. Considerations about when and how CBCT for PTSD might be used, and the implications of different dyadic presentations (e.g., dually traumatized, violent) for treatment delivery will be raised.

At the conclusion of the workshop, participants will be able to:

- Identify the cognitive and behavioral mechanisms that reciprocally interact to maintain and/or aggravate PTSD and intimate relationship problems
- Deliver dyadic cognitive-behavioral interventions to couples in which at least one member has PTSD
- Describe the initial outcomes of CBCT for PTSD

CANDICE M. MONSON, PhD

Dr. Monson is one of the foremost experts on the interpersonal aspects of PTSD, and especially the association between romantic relationship problems and PTSD. She is currently conducting a National Institute of Mental Health-funded project to further develop Cognitive-Behavioral Conjoint Therapy for PTSD, and is Co-Principal Investigator of a CDC-funded prevention trial of intimate aggression in recently returning veterans with PTSD.

“CARING FOR SURVIVORS OF TORTURE AND REFUGEE TRAUMA”

October 23, 2009

8:45 a.m. – 4:15 p.m.
(Registration: 8:15 – 8:45 a.m.)

6 CEU's # 2654

HOLIDAY INN
172 NORTH MAIN STREET
CONCORD NH
www.concordhi.com/

WORKSHOP DESCRIPTION

This will be a multimedia participatory workshop providing the background, materials and process necessary for the recognition, evaluation, diagnosis and treatment of survivors of torture and refugee trauma in a cross cultural mode. There will be the opportunity to practice interview techniques with a live refugee (the presenter will serve as an actor client). There will be special emphasis on complementary healing techniques and on the prevention of vicarious traumatization. At the conclusion of the workshop, participants will:

- Be familiar with the history, epidemiology and human rights concepts needed to care for refugees
- Understand the Asylum and Refugee Resettlement Process
- Be able to diagnose PTSD and MDD in the cross cultural context of refugee health.
- Recognize the physical and emotional sequel of torture and refugee trauma
- Be familiar with the approach to treatment including psychotherapy, psychopharmacology, and the use of complementary and alternative healing methods such as Qi Gong, Tai chi, Taoist breathing, Meditation and Singing bowls
- Be aware of vicarious traumatization and develop preventative strategies for stress management

MICHAEL A. GRODIN, MD

Dr. Grodin is the Director of the Boston Center for Refugee Health and Human Rights. He is a Professor of Health Law, Bioethics, and Human Rights at the Boston University School of Public Health and a Professor of Socio-Medical Science and Community Medicine and Psychiatry at the Boston University School of Medicine. He has received over 20 teaching excellence awards and has presented to hundreds of groups nationally and internationally. Be prepared for a lively and informative day!

REGISTRATION

Please mail this form along with your registration fee (checks only please, made payable to UNH) to:

UNH Department of Social Work
Attention: Karen Frarie
55 College Road
Durham NH 03824-3599

NAME _____

ADDRESS: _____

PHONE _____

EMAIL: _____

_____ I prefer a vegetarian lunch (please check)

	Indiv	*UNH Supervisors UNH SW Alumni	**F/T Students
09/ 18/09	*** \$99.	\$85.	\$65.
10/ 23/09	\$99.	\$85.	\$65.

* Current UNH Dept of SW Field Supervisors, or UNH Social Work alumni

** Current UNH Dept of SW full-time students

*** ALL proceeds from this workshop go to the NORMAN GOROFF MEMORIAL endowment fund

- Registration fee includes morning break, lunch and all handouts
- Refunds: registration fee less \$20. up to two weeks prior to event. Substitutions are allowed. NO refunds 10 days or less before the event.
- If you have special needs, please contact Karen Frarie or Martha Byam at (603) 862-1799 at least 3 weeks in advance.